

Alzheimer's Academy Presents:

Summer & Fall 2011 Course Catalogue

Henry Ford Health System's **West Bloomfield Campus**
6777 W. Maple Road
West Bloomfield, MI 48322

Tuesday, July 19, 2011

Maintain Your Brain

Presented by: Debra Mittelbach

Location: Lower Level Conference Room
Come learn the elements of a brain healthy lifestyle and how the choices you make can positively or negatively impact brain health.

Tuesday, August 16, 2011

Legal and Financial Considerations

Presented by: Don L. Rosenberg, P.C.

Location: Lower Level Conference Room

Find out which legal documents everyone should have in place and ways to protect your hard-earned assets.

Wednesday, September 21, 2011

Combating Caregiver Stress

Presented by: Marie Wahler, MBA

Location: Demonstration Kitchen

Caring for another person is hard work. Come learn how to take care of YOU and why self-care is vital to caring for others.

Wednesday, October 19, 2011

Safety and the Person with Memory Loss

Presented by: Lisa Gardner

Location: Demonstration Kitchen

Learn the importance of keeping someone with memory loss safe. Topics covered will include driving, home safety, and wandering.

Wednesday, November 16, 2011

Legal and Financial Considerations

Presented by: Roxanne Chang, JD, MS, LLP

Location: Demonstration Kitchen

Find out which legal documents everyone should have in place and ways to protect your hard-earned assets.

**All classes will be held from
6:00 – 8:00 PM**

To reserve your seat, please call:

Alzheimer's Association – GMC

Harry L. Nelson Helpline

(800) 272-3900



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